

DRUG education

RESPONSIBLE HEALTH
BEHAVIORS

BEHAVIORS?

INTRODUCTION

- Why?
 - To fit in
 - To escape or relax
 - To relieve boredom
 - To seem grown up
 - To rebel
 - To experiment

DRUGS ARE **NOT** THE SOLUTION!!!!!!!!!!!!!!!!!!!!!!

WRITING ASSIGNMENT

- What questions do you currently have about substance use and abuse that you would like covered in the unit
- What common mistakes do teens make in regards to drug use/abuse?
- What drugs do you hear about in your community?
- What drugs do you think are widely used by teens in our area?

Introduction:

- *Culture*-the beliefs and customs of a particular society, group, place, or time
- *Drug Culture*-the infusion of drugs by music and mass media across all aspects of society.

Classification of Types

- Stimulants
- Depressants
- Narcotics
- Hallucinogens

STIMULANTS

- Drugs that speed up the central nervous system.

Depressants

- Drugs that slow down the central nervous system.

Narcotics

- Specific drugs that are intended to be obtainable only by prescription and are used to relieve pain.

Hallucinogens

- Drugs that alter moods, thoughts, and sense perceptions including vision, smell, and touch.